

BREAST CANCER STAGE 0 - LOBULAR CARCINOMA IN-SITU

1. DIAGNOSIS

- A. Obtain biopsy of mass (Fine needle aspiration, Core, Incisional or Excisional).
- B. Bilateral mammography.

2. INITIAL WORK-UP

- A. History and Physical Examination.
- B. Review of pathology results.
- C. Obtain family history and assess the need for and the appropriateness of genetic counseling/testing.

3. INITIAL TREATMENT

Patients may be considered for:

- A. Close surveillance is strongly recommended and should include monthly breast self-examination, physical examination of the breast every 6-12 months, annual mammography and consideration for prevention programs.
- B. Bilateral simple mastectomy/reconstruction.
- C. Participation in a clinical trial.

4. ADJUVANT THERAPY

None.

BREAST CANCER STAGE 0 - DUCTAL CARCINOMA IN-SITU

1. DIAGNOSIS

- A. Obtain biopsy of mass (Fine needle aspiration, Core, Incisional or Excisional).

2. INITIAL WORK-UP

- A. History and Physical Examination.
- B. Review pathologic results.
- C. Obtain family history and assess the need for and appropriateness of genetic counseling/testing.

3. INITIAL TREATMENT

- A. Patients may be considered for mastectomy or wide excision. The treatment will depend upon tumor characteristics and the patient's desire for breast conservation.
 - (1) Excision alone with wide negative margins for small, low grade tumors.
 - (2) Excision with radiation for high grade tumors.
 - (3) Simple mastectomy followed by immediate or delayed reconstruction. Axillary lymph node dissection is generally not indicated but may be considered for highly selected cases.
 - (4) Post excisional mammography for DCIS detected by mammography, if breast conservation done.
 - (5) Participation in a clinical trial.

4. ADJUVANT THERAPY

- A. Consider Tamoxifen 20 mg daily for 5 years after discussion with patient.
- B. Radiation therapy to the affected breast depending on grade, size and integrity of margins.

STAGE I BREAST CANCER

1. DIAGNOSIS

- A. Obtain biopsy of mass (Fine needle aspiration, Core, Incisional or Excisional).
- B. Bilateral mammography.

2. INITIAL WORK-UP

- A. History and Physical Examination.
- B. Chest X-ray if clinically indicated.
- C. Scans if clinically indicated. MUGA scan or echocardiography if clinically indicated for patients receiving certain types of chemotherapy.
- D. Evaluate prognostic factors including tumor size, histologic grade, estrogen and progesterone receptor status, lymph node involvement, menopausal status, and HER-2/neu gene expression.

3. INITIAL TREATMENT

- A. Lumpectomy with axillary lymph node dissection.
- B. Modified radical mastectomy or simple mastectomy followed by immediate or delayed reconstruction.

4. ADJUVANT THERAPY

- A. If tumor is less than 1 cm, no treatment except for patients with negative prognostic factors including high histologic grade, estrogen or progesterone receptor negativity and age <35.
- B. For estrogen receptor positive tumors < 1 cm, may consider Tamoxifen for 5 years.
- C. If tumor is greater than 1 cm and estrogen receptor negative, consider chemotherapy. If estrogen receptor positive, consider chemotherapy and Tamoxifen.
- D. Participation in a clinical trial.

STAGE II BREAST CANCER

1. DIAGNOSIS

- A. Obtain biopsy of mass (Fine needle aspiration, Core, Incisional or Excisional).
- B. Bilateral mammography.

2. INITIAL WORK-UP

- A. History and Physical Examination.
- B. Chest X-ray if clinically indicated.
- C. Scans if clinically indicated. MUGA scan or echocardiography if clinically indicated for patients receiving certain types of chemotherapy.
- D. Evaluate prognostic factors including tumor size, histologic grade, estrogen and progesterone receptor status, lymph node involvement, menopausal status, and HER-2/neu gene expression.

3. INITIAL TREATMENT

- A. Consider for induction chemotherapy, prior to definitive surgery/radiation therapy if breast conservation desired.
- B. Lumpectomy with axillary node dissection.
- C. Modified radical mastectomy or simple mastectomy with immediate or delayed reconstruction.

4. ADJUVANT THERAPY

- A. Estrogen receptor negative tumor, consider chemotherapy.
- B. Estrogen receptor positive tumor, chemotherapy and Tamoxifen.
- C. Participation in a clinical trial.

STAGE III BREAST CANCER

1. DIAGNOSIS

- A. Obtain biopsy of mass (Fine needle aspiration, Core, Incisional or Excisional).
- B. Bilateral mammography.

2. INITIAL WORK-UP

- A. History and Physical Examination.
- B. Chest X-ray if clinically indicated.
- C. Scans if clinically indicated. MUGA scan or echocardiography if clinically indicated for patients receiving certain types of chemotherapy.
- D. Evaluate prognostic factors including tumor size, histologic grade, estrogen and progesterone receptor status, lymph node involvement, menopausal status, and HER-2/neu gene expression.

3. INITIAL TREATMENT

- A. Consider induction chemotherapy for patients desiring breast conservation.
- B. Modified radical mastectomy.

4. ADJUVANT THERAPY

- A. Chemotherapy with and without Tamoxifen, depending on estrogen and progesterone receptor status.
- B. Participation in a clinical trial.
- C. Postoperative radiotherapy to the affected breast/chest wall and regional lymph nodes.

STAGE IV BREAST CANCER

1. DIAGNOSIS

- A. Obtain biopsy of mass (Fine needle aspiration, Core, Incisional or Excisional).
- B. Bilateral mammography.

2. INITIAL WORK-UP

- A. History and Physical Examination.
- B. Chest X-ray if clinically indicated.
- C. Scans if clinically indicated. MUGA scan or echocardiography if clinically indicated for patients receiving certain types of chemotherapy.
- D. Evaluate prognostic factors including tumor size, histologic grade, estrogen and progesterone receptor status, lymph node involvement, menopausal status, and HER-2/neu gene expression.

3. INITIAL TREATMENT

- A. External beam radiotherapy or mastectomy for control of local disease.
- B. If visceral disease is absent and estrogen and progesterone receptor positive, Tamoxifen alone or in combination with oophorectomy or LHRH agonist for pre-menopausal women or Tamoxifen alone for post-menopausal women.
- C. If visceral disease is present and/or estrogen and progesterone receptor negative, then consider multi-agent chemotherapy. If visceral disease is present and estrogen receptor positive, consider Tamoxifen alone or in combination with multi-agent chemotherapy.
- D. If HER-2/neu over-expression present, consider Herceptin with chemotherapy.
- E. Consider for palliative radiotherapy or surgery in selected situations.
- F. Best supportive care only with patients with poor functional status.